# **US Army Recruiting Command**



Pre-Accession Rigor

## **Agenda**

- \* Future Soldier Profile
- \* Cost of Attrition
- \* Intent of Pre-Accession Rigor
- \* Strategy Framework
- \* Key Programs
- \* Way Ahead

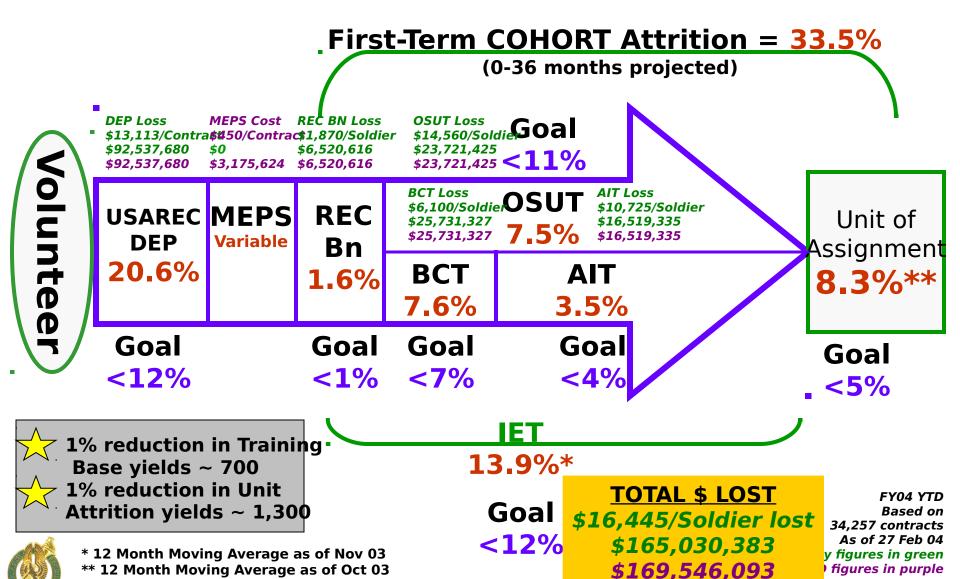
### **Future Soldier Profile**

	<b>FY 2002</b>	FY 2003	FY 2004*
Senior	21%	<b>19</b> %	<b>19</b> %
Grad	<b>62</b> %	<b>66</b> %	<b>66</b> %
Age	21 yrs old	21 yrs old	21 yrs old
Married	<b>16</b> %	<b>15</b> %	<b>13</b> %
W/Dependents	<b>18</b> %	<b>17</b> %	<b>15</b> %
Male	<b>80</b> %	<b>80</b> %	<b>80</b> %
Female	<b>20</b> %	20%	<b>20</b> %
Tier 1	<b>89</b> %	<b>91</b> %	<b>91</b> %
AFQT	<b>60</b>	<b>62</b>	<b>63</b>

Thru Feb 2004

### **How We Will Train**

erm Active Component Attrition--losing what we paid



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## **Intent of Pre-Accession Rigor**

### \* Essential Elements:

- Moves attrition to the left
- Prepares DEPs physically, mentally, and emotionally for BCT
- Provides foundation of soldierization process by establishing and enhancing required skills
- Informs influencers and gains their support for reinforcing the DEPs decision to enlist
- Supports the Future Force, Warrior Ethos and Expeditionary Army through values, history, training
- Improves accession predictability supporting MOS precision and Force Stabilization

### **Considerations**

- \* Minimize recruiter management; requirements are self-paced, DL
- \* Execute in the recruiting environment; no special equipment, facilities
- \* Progressive with certification
- \* Reduce DEP attrition and injuries
- \* Synchronized with IET initiatives and requirements
- \* Time in DEP

# Framework and Program



#### Framework and Supporting <del>Initiative</del>s Leads and **Preparation** Retention Referrals nfluencers Referral Program **DEP In-processing** Promotion Brief Tier Awards Congratulatory Letters Safety/Risk Mental/Emotional Personal/Family **Training** Assessment **Physical Readiness Readiness Readiness** News Release Program Readiness Follow-up **DEP Training Height and Weight** ward Recognition Program HRAP **AKO** Sessions **BTTL** Training \* PT Assessment **DEP Kit** \* Army Game **Correspondence** \* PT Program (DEP version) Courses Training CD ArmyDEP.co Promotion Validate/Certify m \* DEP DIV(IT)

Certificates and Letters Incentives

**Retention Board** 

\* CG Video-Message to DEPs and Influencers

Values History Warrior Ethos Expeditionary Relevant&Ready

**AFTB** \* Shoe Box Assessment Packing List

\* PT Sweats

\* Nutrition

\* Injury Prevention

\* PT Pocket Guide

\* New Initiatives



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### **Physical Fitness Assessment**

\* Program: Implement a physical fitness requirement for accession; same as currently administered at Reception Battalion

#### \* Objectives

- PT program that prepares DEPs physically
- Standardized PT program, tailored to amount of time in the DEP
- Eliminate assessment in Rec Bn and do away with FTU
- Nutrition and injury prevention instruction / information

#### \* Status

- Phase I 1 Oct 03 -- all OCS/WOFT applicants administered a physical fitness assessment or the APFT prior to board at the Recruiting Battalion. USAREC November board required the assessment as part of the board packet.
- Phase II 3rd QTR, FY04--Pilot Test. Implement physical fitness program and assessment across the command. Track progress in one battalion of each of the five recruiting brigades.
- Phase III 4th QTR, FY04--1 Jul 04 all DEPs must pass the PFA to ship to IET.



# Musculoskeletal Testing at MEPS

 Program: Evaluate the use of upper extremity strength testing, & lower extremity aerobic testing, to identify preexistent conditions in recruits

#### Objectives

- → Pilot will require push-ups, incremental dynamic lift (military press machine), and a step test under supervision of a trained clinical observer
- Establish min induction thresholds for each event for males and females
- Institutionalize musculoskeletal test in all MEPS

#### \* Status

- Protocol developed by WRAIR and approved by WRAMC Institutional Review Board
- ☐ Target start date 01 March 200



### **DEP and USAR DIV(IT) Program**

\* Program: Establish a routine procedure for USAR Drill Sergeants to train DEPs; employ where possible (distance dependent).

#### \* Objectives

- Increase DEP retention by reducing BCT/OSUT anxiety through DS training, exposure
- Increase DEP basic skills and BCT/OSUT completion, thereby reducing training base attrition
- Increase USAR Drill Sergeant retention and maintain skills

#### \* Status

- FY03-OPLAN for pilot test (2nd Recruiting Brigade and 100th DIV(IT)) coordinated, developed, published
- 1Qtr 04-Phase I-Coordination between recruiters and drill sergeants
- 2Qtr 04-Phase II-2d Recruiting Brigade begins utilizing 100th DIV(IT) Drill Sergeants to conduct DEP functions.
- 1 Oct 04-Phase III-Evaluation and Analysis
- Command wide implementation 1 OCT 04 using 2d BDE/100th DIV(IT) plan is the template



## Introduce DEPs to Army Culture

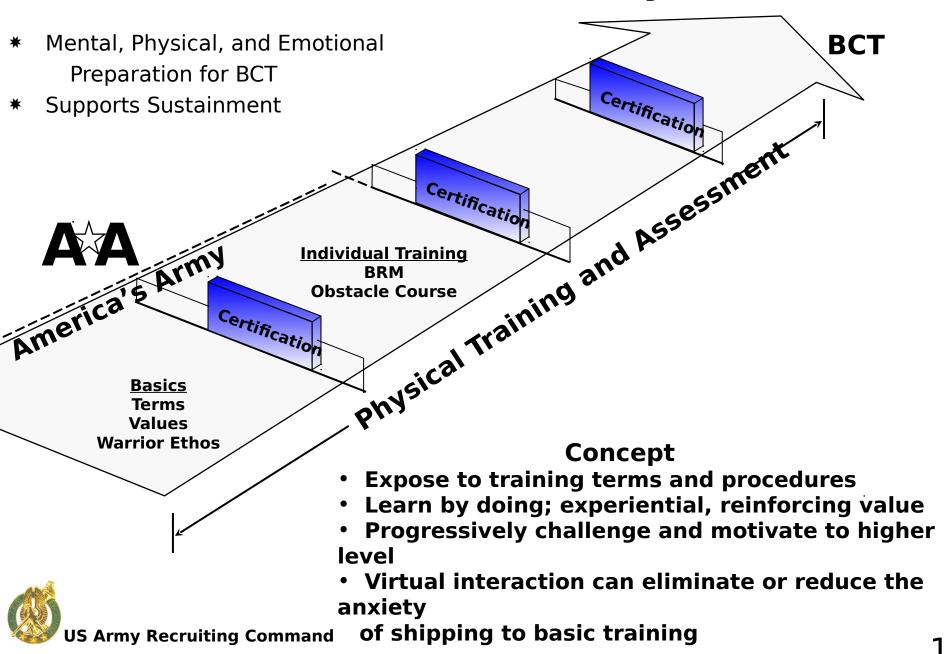
- Program: Employ the Army Game in pre-BCT preparation
- Objectives
  - Soldierization process prepares DEP for BCT by bridging pre-BCT and IET experience
  - Provide integrated experience low risk
    - \* expose to training terms and procedures
    - \* learn by doing; experiential, reinforcing value
    - progressively challenge and motivate to higher level
    - virtual interaction can eliminate or reduce the anxiety of shipping to basic training

#### Status

- Determine in America's Army what works, what doesn't and why, what will work (CAR/OEMA/USAREC collaboration)
- Develop pre-BCT version of the game (FY04 UTC) SOW received
  - Incorporate current BTTL and other tasks into game -- learn it then use it
  - Drill Sergeant feedback and instruction during game play -- leading, coaching, and mentoring
  - Reinforce values and Warrior Ethos



### **Introduce DEPs to Army Culture**



# **Tightening Enlistment Standards**

- \* Feb 03 Realigned Wavier Waiting Periods, Standards
  - Keyed on Drug and Alcohol Related Offenses
  - Increased Waiting Periods Before Morale Waiver may be Submitted
  - Eliminated Most Civil and all DAT Waivers for Tier II Applicants
- \* May 03 Decreased Time After Enlistment to Schedule, Complete and Pass any Special Tests Associated With any MOS
- May 03 Changed Documents Required at Enlistment to Validate High School or College Courses
- Jun 03 Increased Waiting Period for Retest from 45 days to 6 months for MEPCOM DAT positive applicants
- \* Jun 03 Implemented new more stringent Drug Testing at RS Level
- \* Dec 03 Requirement for PSSI Personnel to Pre-Screen all Applicants Selecting MOS with Secret Clearance Prior to Enlistment
- \* Oct 04 Implement DOD required drug screen at MEPS NLT 72-hrs before shipping



# **Way Ahead**

### **Future Initiatives**

- DEP Preparation (Moving attrition to the left)
  - → DEP/COI Video (Values, Warrior Ethos)
  - Shoe Box Assessment
  - Physical Fitness Uniform (Moving issue of a PFU from Reception BN to USAREC
    - \* Draft proposal to USAAC for evaluation and recommendation
  - Basic Training Packing List (Ship with essentials)
    - Under staffing
    - (T) 1 JUN implementation date
  - Increase number of funded DEP Training Sessions (2 to 6)
  - DEP Awards Program
    - Expand to include achieving preparation gates
  - Revised Pre-Basic Training Task List
    - (Revised essential tasks from IET Task Force)



### **Suggested Time in DEP Goals**

#### \* 30-60 Days in DEP/DTP

- → Complete PFA & Basic Task DL
- Work referrals for promotion
- Review Pre-BT Task List
- Army Values Overview

#### \* 60-90 Days in DEP/DTP

- Complete PFA & Basic Task DL
- Referral promotion to E-2
- Complete Pre-BT Task List for promotion to E-3
- Army Values Training
- Army Game Phase 1&2

#### \* 90-120 Days in DEP/DTP

- Complete PFA & Basic Task DL
- Referral promotion to E-2
- Complete Pre-BT Task List for promotion to E-3
- Enroll and complete DEP correspondence course
- Army Values Training
- Army Game Phase 1&2

#### \* Over 120 Days in DEP/DTP

- Complete PFA & Basic Task DL
- Referral promotion to E-2
- Complete Pre-BT Task List for promotion to E-3
- Enroll and complete DEP correspondence course
- Army Values Training
- Army Game all three Phases



### **Summary**

Pre-Accession rigor provides better prepared and motivate soldiers more likely to complete IET and first term

